19th SUNDAY IN ORDINARY TIME – The Gift of the Eucharist

The Eucharist, which means thanksgiving, is also referred to as Holy Communion. In Holy Communion Jesus gives Himself (His body, blood, soul, and divinity) to us in great love and humility. However, Holy Communion is not a passive Sacrament. True communion with another is a dialogue. We receive Holy Communion so that we too might give ourselves to Christ in love and humility. Christ's body and blood flows through our veins which unites us to Christ in an intimate union. Holy Communion is holy not just because it is the true body and blood of Jesus, it is also holy because it makes us holy. The miracle of the Eucharist is not just the changing of the bread and wine into the body and blood of Christ, it is also the change within us. As we absorb Christ's body and blood into us we are absorbed into Christ. Holy Communion has the power to transform us because it brings us into close communion with Christ.

SANTI DELLA SETTIMANA

Mar 4	S. Giovanni Vianney
Mer 5	Dedicazione della Basilica di S. Maria Maggiore
Gio 6	Trasfigurazione del Signore
Ven 7	S. Sisto e compagni; S. Gaetano
Sab 8	S. Maria della Croce MacKillop; S. Domenico

PARISH PASTORAL COUNCIL

Fr Chris Alambe
Adele Coyne
Julian Coyne

PARISH FINANCE COMMITTEE

Fr Chris Alambe
Rosalia Carbone
Noel Ashcroft

SAFEGUARDING OFFICER

Carma de Groot

PARISH BANK ACCOUNTS

FIRST COLLECTION (for support of the Parish Priest and other priests)
BSB: 086 006 **Account Number:** 293 127 995
Account Name: First Collection-Highgate Parish

SECOND COLLECTION (for payment of Parish running costs)
BSB: 086 006 **Account number**: 667 172 476
Account name: Highgate Parish-Roman Catholic Archbishop of Perth

Heart and Voice

Sacred Heart Parish
18th Sunday in Ordinary Time
2nd August 2026 – A

FR CHRIS ALAMBE

Administrator
Phone: 9328 3433

Rev Deacon Damian Gorian

Rev Deacon Aaron Peters

Parish Secretary Rosalia Carbone

PARISH HOUSE & OFFICE

64 Mary Street
Highgate WA 6003

PHONE 9328 3433

PARISH OFFICE

Monday and Thursday
9.30am – 1pm

OFFICE EMAIL

highgate@perthcatholic.org.au

WEBSITE

www.highgate.perthcatholic.org.au

MASSES

Saturday Vigil: 6.00pm
Sun: 9.00am, 10.30am (Italian)
Tuesday: 6.00pm
Wednesday & Friday: 7.00am
Thursday: 9.00am
Saturday: 8.00am

RECONCILIATION

Saturday: 5.00-5.30pm
or by appointment.

MARRIAGES AND BAPTISMS

Please email the Parish Office.

PERPETUAL ADORATION

In the Sacred Heart Chapel.

Liturgical Calendar

Mon 3rd Aug: St Dominic – *Memorial*
Tues 4th Aug: St John Vianney – *Memorial*
Thurs 6th Aug: The Transfiguration of the Lord – *Feast*
Sat 8th Aug: St Mary of the Cross MacKillop – *Solemnity*

Readings for Sun 2nd Aug: 18th Sunday in Ordinary Time

Is 55:1-3; Ps 144:8-9, 15-18; Rom 8:35, 37-39; Mt 14:13-21

Readings for 9th August: 19th Sunday in Ordinary Time

1 Kg 19:9, 11-13; Ps 84:9-14; Rom 9:1-5; Mt 14:22-33

Donations for the Renovations

The beautiful tiling in the church and chapel has cost a total of **$48,400**. We are kindly asking parishioners to make a donation to help the parish cover this significant expense. Donations can be made by bank transfer:

BSB: 086 006
Account Number: 667 172 476
Account Name: Highgate Parish-Roman Catholic Archbishop of Perth
Reference: Renovation Donation

Please note: If you would like a receipt for your donation, please email the Parish Office with your name, address and amount of donation.

Vocations Expo

Have you ever wondered where God might be calling you? Join us at the Vocations Expo this **Friday 7th August from 6pm-8pm** at the Cathedral Parish Centre. Meet priests, religious sisters and brothers, married couples and Catholic organisations. Discover the many ways God calls us to serve. Register for this free event at https://www.trybooking.com/DNHOH.

. Catholic Mission Appeal – Thank You!

Thank you for your prayers and generous response to our recent Catholic Mission Appeal. If you haven't already done so, please give generously by using the appeal envelopes or by visiting catholicmission.org.au/united. Your donation will help with Catholic Mission projects throughout the developing world. To support the work of Catholic Mission through a bequest or as a volunteer email Francis at fleong@catholicmission.org.au.

Parish Morning Tea

All parishioners are invited to join us for morning tea **on Sunday 9th August after the 9am Mass** to celebrate Fr Chris' 22nd Anniversary of Ordination to the Priesthood. Let us come together as a parish community to celebrate and give thanks for this special milestone in Fr Chris' life. Please bring a plate of food to share if you are able. We look forward to seeing you there!

First Friday Devotion

Join us for our First Friday Devotion on **Friday 7th August at 7pm** for Mass followed by Adoration until 11pm. All welcome!

The Assumption of the Blessed Virgin Mary

To celebrate the Solemnity of Our Lady's Assumption on **Saturday 15th August,** Masses at Sacred Heart Church will be held at **8am** and at **6pm**. This is a Holy Day of Obligation for all Catholics.

Deepest Condolences

To the family and friends of *Tony Corvaia* on his passing.
Eternal rest grant unto him, O Lord.

Safeguarding Officer Needed for Highgate Parish

We are seeking the help of a volunteer Safeguarding Officer. This role involves being a point of contact for our parish community on Safeguarding concerns. The Archdiocese of Perth is committed to the safety and wellbeing of all children, young people and adults at risk. Training and ongoing support are provided. Please see Fr Chris or contact the parish office if you can assist. Visit safeguarding.perthcatholic.org.au for details.

First and Second Collections

Parishioners have **4 ways** to contribute to the First and Second Collections. Using cash or planned giving envelopes during the collections at Mass, direct transfer to our parish bank accounts using the account numbers on the back of this bulletin or using a credit card with the Tap and Go terminals. There are 2 terminals with pre-set donations for $5, $10, $20 and $50 or 'custom amount' that can be used before or after Mass.